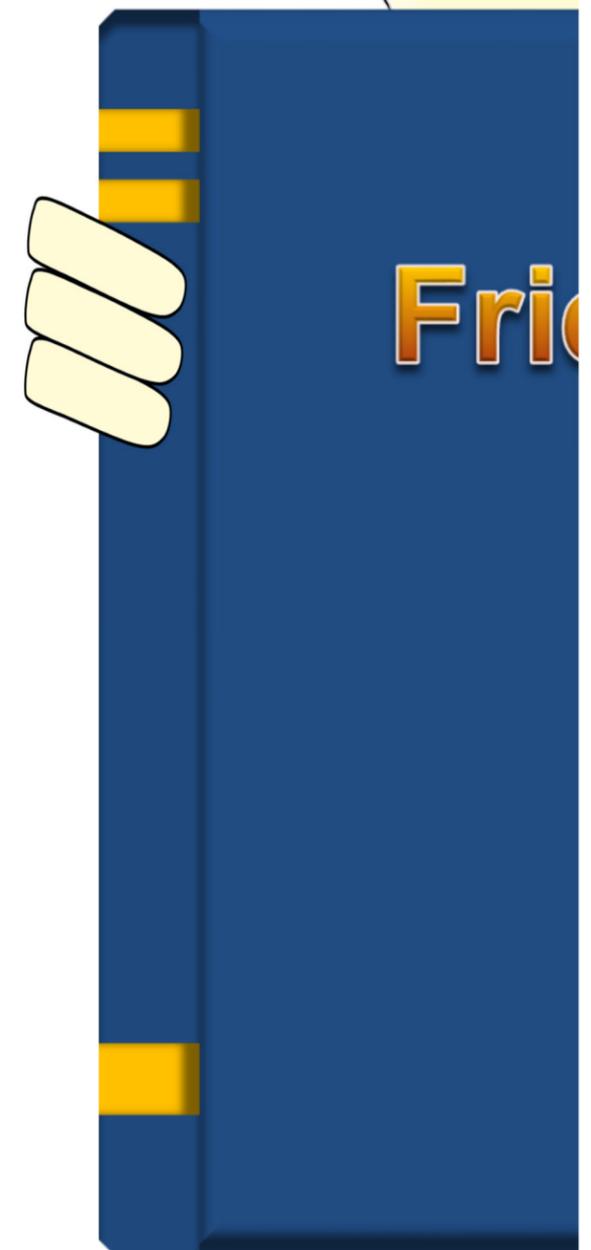


To go Further !



The Friends' Race

Tie the ankles of two children together. They must work together to carry out race against another team.



ÉLÉ-SGMS-COM Project: Introduction to reading and writing
– After school programs – Community

Researcher in charge: Julie Myre-Bisaillon, professor,
Faculty of Education, Université de Sherbrooke

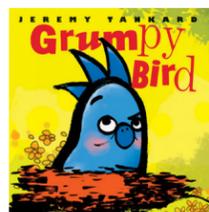
Program tools available at : www.ele-sgms.ca



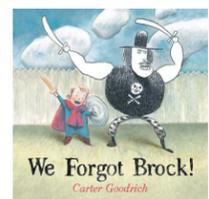
ÉLÉ-SGMS-COM Project partners:



Proposed Books



Grumpy Bird
Jeremy Tankard
Pub. Scholastic



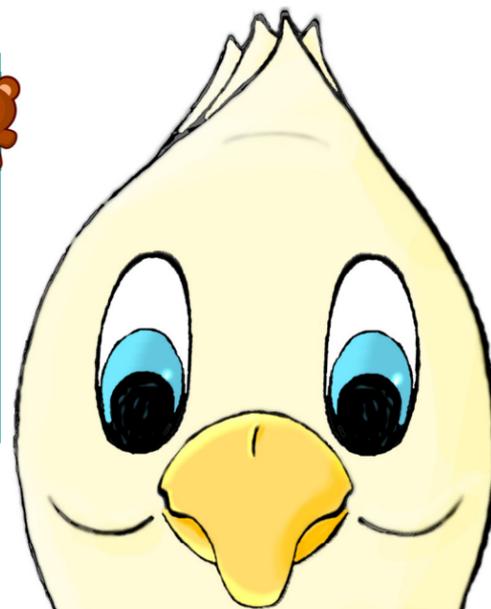
We forgot Brock!
Carter Goodrich
Pub. Simon & Schuster
Books for Young Readers

Suggestions for an Animated Break



Ask the children if they have a favourite stuffed animal.

You can ask the children what colour it is and have them expand on the characteristics of the animal.



Recommendation



During the activity "Simon says" *Grumpy Bird* style, don't hesitate to mime the instructions involving spatial relations skills, especially if you see some children having difficulty understanding them.

Science Activity

Prepare different materials (ex. cotton wool, wool, sandpaper, feathers, fruit net, piece of wood or fabric, etc.) and have the children touch them while pointing out their characteristics. You can then do the same, as a blind exercise under a blanket or in a bag.



Proposed Nursery Rhyme

Five Little Sparrows
Marie Jeannette Passier

Five little sparrows sitting on a wire,
The biggest one said, "I can fly much higher"
So off she flew in the sky so blue
And the wire did wobble and the wire did sway,
The little birds fluttered, trying to stay,
Then all was calm.

Four little sparrows, etc.
The smallest one...
So off he flew...

Three little sparrows, etc.
The oldest one...
So off she flew...

Two little sparrows, etc.
The youngest one...
So off she flew...

One little sparrow sitting on a wire,
The last sparrow said, "I can fly much higher".
So off he flew in the sky so blue
And the wire did wobble and the wire did sway,
The little sparrow said, "I'll be back some day",
Then all was calm.

Indoor Activity

Title: My Animal's Fur
Focus story: *Grumpy Bird*
Time: 15 to 20 minutes

Preparation

- *Do the science activity first.
- *Prepare necessary materials in sufficient quantities.

Activity

- *After listening to the story, children choose an animal from the book.
- *They draw and colour it on their paper.
- *Next, they glue rough and soft materials on it.

Instructor's Role

Review with the children the characteristics of their animal (4 legs, a mane...)

Materials

- *Cotton wool, wool, sandpaper, feathers, etc.
- *Eyes.
- *White paper, Cartridge style, if possible.
- *Wax crayons or coloured pencils.
- *Preferably white glue, if not, glue sticks.

Instructor's Role

Be the game's leader in order to act as a model for the children.

Outdoor Activity (or in the Gym)

Title: "Simon Says" *Grumpy Bird* style
Focus story: *Grumpy Bird*
Time: As long as the children are having fun!

Contextualization

When Grumpy Bird wakes up, he is a bit grumpy. In fact, he likes things to be done his way: nobody can move if he has not given the instruction a specific way.

The instructions are intended to have the players move. For example, jump, touch the ground, touch a part of your body, bend down, stand on one leg, and more.

Activity

- *Choose a leader.
- *Ask the players to stand on one line in front of the leader.
- *Give instructions that the players must follow if they are preceded by: "Grumpy Bird says."
- *To follow an instruction that was not preceded by: "Grumpy Bird says" means elimination for that player.

Math Variations

For "Simon says" *Grumpy Bird* style



As well, in order to help the children develop spatial relations skills, instructions soliciting such skills can be added. For example:

- Grumpy Bird says: take a step back.
- Grumpy Bird says: jump one step forward.
- Grumpy Bird says: place yourself on the line.
- Grumpy Bird says: place yourself next to the line.



Gross Motor Skills

It is important to ensure as much as possible a global development for the children by providing activities that allow for the execution of other basic movements besides walking, such as skipping, jumping, similar to the math variation of *Simon Says Grumpy Bird* style. This activity allows for the exercise of core and upper limb muscles as well as working on spatial points of reference.