

To go Further!

Cooking



Title : Baking of Christmas Cookies
Time : 20 minutes, plus baking time

Materials

- *Christmas cookie cutters or glasses
- *Cookie sheet
- *Oven for baking
- *Measuring cup, large bowl, wood spoon and/or whisk, rolling pin.
- *Chocolate chips and/or candy flakes

Ingrédients:

- *2 eggs
- * $\frac{1}{2}$ cup vegetable oil
- * $\frac{1}{2}$ cup sugar
- *2 teaspoons baking powder
- *3 cups flour
- * $\frac{1}{2}$ cup milk

Preparation

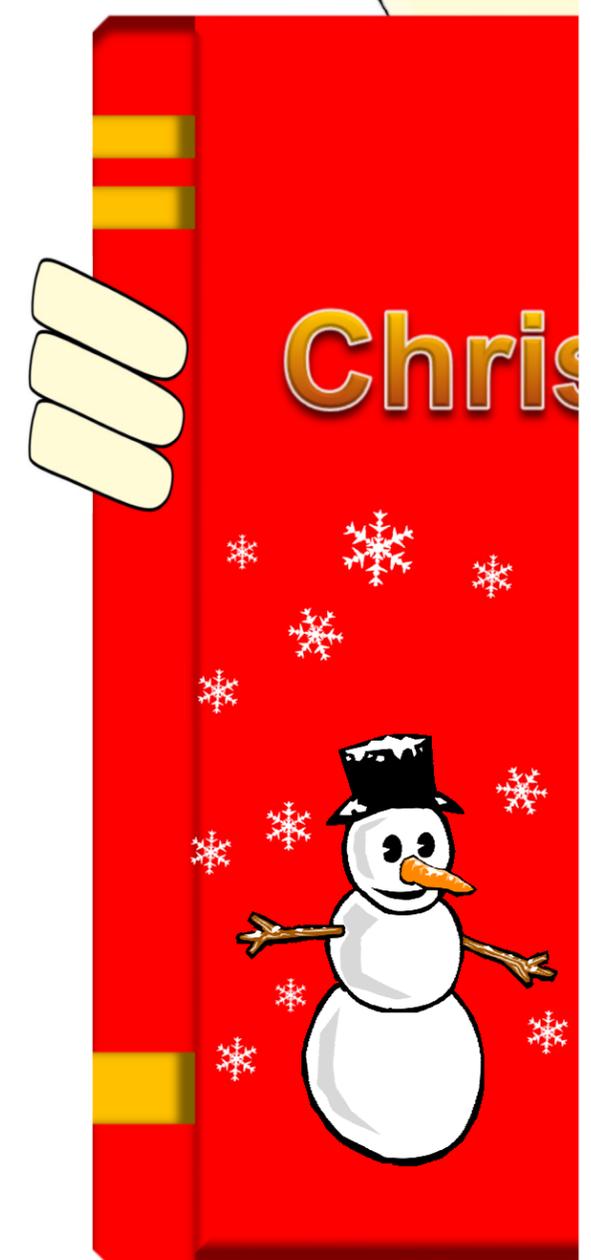
- *Scrub the tables and make sure there is enough space for every child to join in the making of the dough.
- *Have all ingredients ready and handy.
- *Write the recipe on a large piece of paper.

Activity

- *Have children wash their hands.
- *Read the recipe and show each ingredient.
- *Mix eggs, oil and sugar.
- *Add other dry ingredients and milk.
- *Choose different children to measure and add ingredients in the bowl.
- *Have the bowl circulate so all can join in mixing.
- *When the dough is ready, invite a small group (about four children) at a time to come to the table to roll, cut out with Christmas cookie cutters or glasses and decorate the cookies.
- *Roll on a floured surface and cut out the dough.
- *Bake in the oven at 350° Fahrenheit approximately 10 minutes.

Variations

- *You can also make play dough for Christmas decorations
- *More recipes can be found on the Web.



ÉLÉ-SGMS-COM Project: Introduction to reading and writing
– After school programs – Community

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Program tools available at : www.ele-sgms.ca



ÉLÉ-SGMS-COM Project partners:



Proposed Books



Surprise, A Book of Christmas Shapes
Jonathan Litton III. Fhiona Galloway
Pub. Tiger Tales



Five Busy Elves
Patricia Hegarty III. Julia Woolf
Pub. Tiger Tales



Instructor's Role

You must make sure that all children have at least one paper and a right-sized box.
You can also help them with the string.

Suggestion for an animated break

Ask children questions such as:
what special activities does your family do during the holidays?
Do you go to visit family?

Math Activity

Title : The Gift's Promenade
Focus Story: *Five Busy Elves*
Materials: A box wrapped as a Christmas present.

Activity :

- *Have everyone standing in a circle.
- *Have a gift in hand.
- *Pass the gift to the child on the right and give it a **characteristic**.
- *For example: Phew! This gift is very **heavy!** (Here, one must mimic that the gift is heavy.)
- *Have the gift passed around until the gift comes back to the instructor.
- *Beware; the gift must retain its characteristic while going around.
- *Give a new characteristic and pass to the child on the left.
- *Repeat with as many characteristics as desired.
- *Example of characteristics:
Cold-hot-heavy-light-prickly-soft-slippery-wet...

Instructor's Role :

- *Mimic the characteristics of the object.
- *Start with the gift in your hands.
- *Initiate each change of characteristics of the gift.

Variation

For Gift Wrapping

The children could also make a craft item or a drawing and put it inside the box. They could offer that gift to someone.



Proposed Nursery Rhyme

When Santa Got Stuck up the Chimney

When Santa got stuck up the chimney
He began to shout
You girls and boys won't get any toys
If you don't pull me out
My beard is black
There's soot on my sack
My nose is tickly too!
When Santa got stuck up the chimney
Atchoo, Atchoo, Atchoo!!

Repeat

This song was originally posted at:
<http://bussongs.com/songs/when-santa-got-stuck-up-the-chimney.php>

Indoor Activity

Title : Gift Wrapping
Focus Story : *Five Busy Elves*
Time : First step: 5 to 10 minutes.
Second step: as long as the children want.

Preparation

- *You must prepare the templates ahead of the activity. You can use cardboard boxes (cereals, tissue, etc.) and trace shapes from cookie cutters.
- *Once the inside is cut out you will obtain templates.
- *Collect boxes of different shapes but not too big. (Don't hesitate to ask parents to collect boxes.)

Activity

- *Let the children prepare one or several gift wrap papers with the templates and the paint.
- *Let the children choose one or several boxes and tie them with string.

Materials

- *Christmas templates (*T4_4yearolds_Christmas_Indoor-activity*).
- *Paint of different colours.
- *Different sizes of white paper.
- *Different shapes of cardboard boxes.
- *String.
- *Ribbons.
- *Wool.

Materials

- *Objects of various sizes and colours.
- *A list of objects to find: round ones, square ones, blue ones, yellow ones and more.
- *One or two large bins.

Outdoor Activity (or in the Gym)

Title : Santa's List
Focus Story : *Surprise, A Book of Christmas Shapes*
Time : As long as children are having a good time.

Contextualisation :

Santa Claus needs the help of his elves to get ready for Christmas. In order to make gifts for all the children of the world, he supplies the elves with a list of objects of different shapes that they must bring him back.

Activity:

- *Place the two bins with the objects on the table.
- *Divide the children into two groups, each one in front of a bin.
- *Ask the children to line up one behind the other, approximately four to five metres away from the table.
- *Name the characteristic of an object to go get in the bins (size/shape).
- *For example: find a blue object.
- *Give the children the go-ahead to go get the object (by jumping, running, hopping).
- *The first child to find an object brings it back to his team.

Instructor's Role

- *Help children who take more time to find an object.
- *Have a discussion with the children on the different characteristics of objects.
- *For example: this object is very big, much bigger than the other one.